

HINCKLEY FIELD WALKING GROUP

RISK ASSESSMENT (FOR FIELD ACCESS) March 2006

Risk assessment of activities must identify all the foreseen hazards associated with an activity and then assess the actual risk that these hazards present under that particular circumstance.

WE ASK THAT ALL HFWG MEMBERS BE UP TO DATE WITH THEIR TETANUS VACCINATIONS !!

HAZARD	RISK	ACTION
1. Ditches	Falling in, causing injury Glass objects, (cuts, abrasions) Metal objects, (cuts, abrasions) Slippery slopes (injuries)	Observe and note possible dangers. Give or seek help If ditch too difficult to cross, leave and find another route.
2. Fences	Broken or fallen fences. Loose nails etc.	Take care in crossing. Avoid nails. Ask for, or give assistance.
3. Water	Do not fall in. Slippery sides (sprains)	Go round if possible. Keep away from edge, do not enter.
4. Gates	Climbing over (falling injury) Nails and / or broken metal	Ask for and / or give assistance Inform others.
5. Hedges	Climbing through hedges, branches, thorns (cuts and / or abrasions)	Is opening large enough ? Find another way, seek assistance and help others.
6. Uneven Ground	Slips, trips and falls	Observe. Keep alert. Warn others of uneven ground.
7. Field Dressings	Lime, fertilisers etc (injuries to eyes, skin, etc)	Ask land owner to identify. Do not enter until positively identified.
8. Farm Animals	Possible injury from animals, cattle, sheep etc	Ask land owner. If in doubt, avoid contact.
9. Electrified Fences	Possible electric shock	Take care when crossing, hold with insulated fabric
10. Asbestos	Breathing fibres from broken sheets etc	Handle with extreme care.
11. Weils Disease	Obtained by contamination by rat's urine	Wear protective gloves when in areas frequented by rats (banks of streams etc)

Risk assessment is being aware of any dangers / hazards around us.

Taking care for ourselves and our families and helping others to appreciate any hazards that may be present.
Seek assistance if required.

If a hazard is difficult to avoid, seek an alternative and safer way.

If in doubt – DON'T !! Think Safety.